## FOOD MENU

## ORDER AND PAY FROM YOUR TABLE





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8.50

6.75

4.75

3.50

3.50



6.75

4.75

4.50

6.50

# THE BEST PART OF WAKING UP

Whether you want your breakfast fried, French or veggie – we've got you.

Start your day in the best way possible with a tasty breakfast.

#### THE MEGA IRISH BREAKFAST

Three Irish pork & leek sausages, three rashers of grilled back bacon, three fried free-range eggs and three hash browns with Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bloomer bread (+331 kcal) with butter 1491 kcal

#### **HEARTY IRISH BREAKFAST**

Two Irish pork & leek sausages, two rashers of grilled back bacon, two fried free-range eggs, two hash browns, Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bloomer bread (+331 kcal) with butter 1054 kcal

#### SMALL IRISH BREAKFAST

Irish pork & leek sausage, a fried free-range egg, grilled back bacon, hash brown, Heinz® baked beans, grilled tomato, flat mushroom and your choice of toasted white (+207 kcal) or wholemeal bloomer bread (+191 kcal) with butter 527 kcal

#### HEARTY VEGGIE BREAKFAST 🖤

Three vegan sausages, two fried freerange eggs, two hash browns, Heinz® baked beans, grilled tomato, two flat mushrooms and your choice of toasted white (+361 kcal) or wholemeal bread (+331 kcal) with butter 933 kcal

#### SMALL VEGGIE BREAKFAST (1)

Vegan sausage, a fried free-range egg, hash brown, Heinz® baked beans, grilled tomato, a flat mushroom and your choice of toasted white (+207 kcal) or wholemeal bread (+191 kcal) with butter 363 kcal

#### AVOCADO ON TOAST @

Toasted muffin with spiced avocado, flat mushroom and cherry tomatoes 329 kcal

#### **FRENCH TOAST**

Topped with maple syrup
CHOOSE A TOPPING:
SMOKED STREAKY BACON 761 kcal
RED FRUITS ① 612 kcal

#### THE NO-BRAINER BREAKFAST BAP!

3.75

3.50

Served in a toasted brioche-style linseed bun.

#### THE WORKS

Two Irish pork & leek sausages, grilled back bacon and a fried free-range egg 773 kcal

#### **BACON & EGG BAP**

Grilled back bacon and a fried free-range egg 421 kcal

#### **SAUSAGE & EGG BAP**

Two Irish pork & leek sausages and a fried free-range egg 622 kcal

#### VEGGIE SAUSAGE & EGG BAP (1)

Two vegan sausages and a fried free-range egg 533 kcal

## ADD 2 Thash by owns FOR ONLY £1 \*189 kcal

#### **TASTY OATS**

If a fry up ain't for you, perhaps this will do?

#### CREAMY PORRIDGE **(V)**

Made with jumbo oats

CHOOSE A TOPPING:

STRAWBERRY JAM 143 kcal Honey 182 kcal

### COFFEE'S FOR WULGS

REGULAR LARGE **AMERICANO** 1.95 9 kcal 2.35 10 kcal **CAPPUCCINO** 2.35 103 kcal 2.65 136 kcal LATTE 2.35 108 kcal 2.65 146 kcal **MOCHA** 2.35 135 kcal 2.65 153 kcal TEA 1.95 27 kcal

Adults need around 2000 kcal a day. Calories are correct at time of menu print. Live nutrition information is available online. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or you require our allergen information, please let us know before ordering.

The made with vegetarian ingredients, (1) and according to the with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. #All weights stated are approximate and prior to cooking. \*Dish contains alcohol. Alcohol is only served to over 18s. Fish dishes may contain small bones. All items are subject to availability. All prices include VAT at the current rate.